

Pathology Department

24 Hour Urine Collection

When should I collect my urine?

You can make the collection during any convenient 24 hour period, for example, starting at 9am, you would carry on collecting urine until 9am the following morning.

Is there anything I need to do before I start?

You should have been given a large plastic container with a label on the side, to collect urine into. A brown paper bag is provided for privacy.

You need to begin with an empty bladder, so at the start of the 24 hour period (for example, 9am) go to the toilet and empty your bladder.

**Don't use this urine as part of your urine collection.
Write this start time on the urine container.**

The collection of urine

All urine that you pass during the next 24 hours should be collected and stored in the plastic container you have been given. You may need to use a jug (not provided) to collect your urine, to help with transfer to the container, but please make sure this is clean.

Is there anything I need to do at the end of the collecting time?

Yes. At the end of the 24 hour period, and at exactly the right time, please empty your bladder once more and collect the urine into the container.

Write this stop time on the urine container.

Please see that your container is correctly labelled with your full name, date of birth, NHS number and the sample collection date and take or send it to the laboratory. Please make sure your sample has the necessary request form.

Your doctor will explain to you how best to arrange this.

Please remember

If you wish to know more, or if you are at all worried, please telephone:

Central Sample Reception
Pathology Department
Huddersfield Royal Infirmary

Telephone No: 01484 355766

Where to drop off urine collections and pick up empty containers (if not provided at Acre Mill)

Huddersfield Royal Infirmary

Go to Phlebotomy - enter through the main hospital entrance, turn left at the main reception and turn left down corridor 1. Phlebotomy is at the end of the corridor.

If Phlebotomy is closed, then take the lift down to the Basement, turn left and follow signs for pathology. Please ring the door buzzer for attention.

Calderdale Royal Hospital

Go to Pathology Central Reception which is on the ground floor. Go forward from the main entrance past the coffee bar and shop. Turn left following signs to Pathology.

If you have any comments about this leaflet or the service you have received you can contact :

Blood Sciences Administrator
Clinical Biochemistry
Huddersfield Royal Infirmary
Telephone (01484) 355883

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"